



SAY WOMEN: TRAUMA-INFORMED EDUCATION WORKER (Temporary: 12-month Maternity Cover)

JOB DESCRIPTION

Hours: 21 hours per week

Salary: £16,107 per annum

Reporting to: Community Engagement Manager

BASIC FUNCTION

The Trauma-Informed Education Worker will devise and deliver Trauma-Informed Education group sessions, activities and partnerships for SAY Women, supporting young women aged 16-25 who've experienced sexual violence and/or sexual abuse to develop confidence, self-esteem, resilience and social skills.

These sessions will provide opportunities for young women to share knowledge, learn from one another, have meaningful discussions and develop a greater understanding of abuse, healthy relationships and prevention. Groups may be delivered **face-to-face, online, within SAY Women or in community and partnership settings.**

Trauma-Informed Education work takes place within a framework of holistic, person-centered support, and the worker will be supported by a compassionate and multi-skilled staff team. Together, we support young women to understand and come to terms with their experiences, develop healthy relationships and build connections with others and their communities.

Trauma-Informed group work is also an important part of our approach to reducing the risk of further abuse and homelessness for young women.

MAIN DUTIES

Group Work and Psychoeducation

- Develop and deliver engaging psychoeducational group sessions that increase young women's knowledge and understanding of abuse, healthy relationships and what abuse can look like within relationships.
- Develop and deliver group work in partnership with relevant organisations, community groups and other providers. This may include internal, external and online groups.
- Deliver the core four-week Trauma-Informed Education blocks and develop additional psychoeducational sessions on a range of topics in response to the needs and interests of young women.
- Ensure young women are meaningfully involved in the development and evaluation of sessions through co-production and regular feedback.
- Support the development of peer support opportunities through the Peer Education Programme currently being developed by SAY Women.
- Use Trauma-Informed Education to support young women to develop self-confidence, understand their own behaviours, build resilience and develop skills for self-help.

Community Engagement and Promotion

- Build positive relationships with local organisations, community groups and services to develop opportunities for young women to access Trauma-Informed Education and support.
- Network confidently within local communities and promote SAY Women's groups to ensure they reach young women within our remit.
- Develop and maintain positive partnerships with organisations and community spaces.
- Identify and maximise routes into support for young female survivors through relevant local services.

Recording, Monitoring and Evaluation

- Record, monitor and evaluate information relating to group sessions and young women's engagement.
- Complete relevant records and reports as required.
- Contribute to the ongoing evaluation and development of SAY Women's Trauma-Informed Education programme.

General Duties

- Undertake any other reasonable duties as determined by Line Management.
- Ensure that SAY Women's Equal Opportunities Policy and all other organisational policies and procedures are followed.
- Work in a way that reflects SAY Women's values and trauma-informed approach at all times.

PERSON SPECIFICATION

Essential

- Experience of working with vulnerable young women.
- Knowledge and understanding of the impact of sexual abuse on young women.
- Knowledge and understanding of trauma-informed practice.
- Experience of developing and facilitating group work.
- Experience of facilitating the input and support of partner providers within group work experiences.
- Confidence using technology to support online.
- Confidence using technology to support online work with young women and team collaboration.
- Confidence using IT to record activities, provide written reports and create digital resources for young women.

Desirable

- Registered with SSSC or willing to register and meet the relevant registration requirements, including training and qualifications.
- Knowledge and understanding of relevant services and resources available to young women using SAY Women's services.
- Knowledge and understanding of Glasgow communities.
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- Knowledge and understanding of Glasgow communities.
- Knowledge and understanding of the Judith Herman approach.
- Availability for occasional evening or weekend working, including residential experiences with young women.
- Full driving licence and access to your own transport.